



manatee

mental health care for the whole family

Manatee is a family-first, virtual mental health clinic, designed for kids and families living in the modern world.

Our outpatient program combines therapy and digital lessons to solve the most common mental and behavioral health issues.



What we help with

- Stress, fears and anxiety
- Sadness, isolation and depression
- Tough behaviors and aggression
- Challenges at school
- Self-esteem and identity issues
- ADHD and OCD
- Sibling rivalry and family conflict
- Parenting challenges



We offer nighttime & weekend sessions!

Our model

We meet families where they are with tailored support to meet their needs. All families have access to our Manatee app, care coordination, and clinical services.



Specialized care team

Primary therapist
Care coordinator



Digital support

On-demand messaging
24/7 access to digital tools
Content & self guided courses



At home

Virtual services where the help is needed most

Our services



Child Therapy (5-18)

Therapy for kids with family involvement.



Parent Counseling (0-25)

Building parenting skills and confidence.



Time to intake

24-48 hours



First session

3-5 days

87% of children

have clinical improvement in their mental health.

92% of parents

feel more confident after 6 sessions!

97% of families

continue weekly care after their first session.

97% of sessions

are rated as helpful or really helpful.

In network coverage

Optum

United Healthcare

aetna

Cigna

BlueCross BlueShield



Get started and enroll in care.

Contact us

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getmanatee.com